

Personal Training Rates for Members

Individual Rates	
Package I	
4 Visits	\$30.00 each Visit
Package II	
8 Visits	\$28.00 each Visit
Package III	
10 - 20 visits	\$26.00 each Visit
Package IV	
24 visits	\$24.00 each Visit

2 Person Group Rates	
Package I - Per Person	
4 Visits	\$20.00 each Visit
Package II - Per Person	
8 Visits	\$18.00 each Visit
Package III - Per Person	
10 - 20 visits	\$16.00 each Visit
Package IV - Per Person	
24 visits	\$14.00 each Visit

3 Person Group MEMBER Rates	
Package I - Per Person	
4 Visits	\$15 each Visit
Package II - Per Person	
8 Visits	\$14.00 each Visit
Package III - Per Person	
10 - 20 visits	\$12.00 each Visit
Package IV - Per Person	
24 visits	\$10.00 each Visit

- All Visits performed with a Certified Personal Training Instructor
- Packages I & II – Payment must be received in full prior to first Visit
- Packages III & IV – 50% Deposit due up front; Final Payment due after ½ total visits are completed