

TEAM FEES (paid to "Lakota Family YMCA")
Registration starts 4/2/17-5/26/17

\$150 each for the first 2 swimmers

\$135 each for each additional swimmer

Need a payment plan? Contact Tom Cuticchia-Head Coach

PARTICIPANT MUST REGISTER 48 HOURS PRIOR TO ATTENDING FIRST PRACTICE

Volunteer Fee \$100 per family

Payment for Volunteer fee:

1. Provide a credit card to leave on file with Lakota Family YMCA that will only be charged if you do not complete your volunteer requirements. You will be notified prior to the charge.

Other Fees

- Invitational Meets and Championship Meet are an additional fee. These fees range from \$4-\$5 per event. You will be invoiced for these fees by Friday following the Meet. Fees are due one week from that date. A late fee of \$25.00 will be accessed for delinquent accounts.
- *If you register for an event and do not show you will still be held accountable for those fees*
- *If you are on a relay and do not show you will be held accountable for the **ENTIRE** relay fee*

FUNDRAISING?????

To help keep team fees down we ask everyone participate in fundraising. We will let you know what the fundraiser is at a later date.

Coaches, Staff, Board Members

PHONE: 513-779-3917

Head Coach—Tom Cuticchia

- Tom.cuticchia@lakotaymca.com

Aquatics Director-Jill Cleaves

- Jill.cleaves@lakotaymca.com

President-Rita Gayer

Vice President— Amy Devine

Secretary-Debbie Glosson

Treasurer-Sarah Clippinger

Parent Liason— Julie Vernon



This material was prepared by the Lakota Family YMCA and is not sponsored or endorsed by the Lakota Local School District or any Lakota School.



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**LAKOTA FAMILY YMCA
Stingrays
Summer Swim Team**

May 15—July 29

**Open House/Registration Starts
April 2, 2017
2:00p—4:00p**

**"The starting point of
all achievement is
desire!"**

www.lakotastingrays.com

YMCA Mission

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.



Lakota Family YMCA Stingrays

- We focus on ages **5** years old to **18** years old based on age as of June 1.
- This program is a competitive/recreational SUMMER ONLY swim team that competes in the Tri-County Swim League.
- **This NOT a learn to swim program. All swimmers must be able to complete 25 yards freestyle and 25 yards backstroke with no support and no help in the water by 5/30/17.** We will work on cleaning the stroke and teaching new strokes!

Refunds? We do not guarantee a refund unless coaches deem swimmer is not able to complete practices by 5/30/17. For other refunds, you must submit a request to the Head Coach. Partial refunds may be given upon approval.

Why are PARENTS important?

Swim meets do not run themselves. We need EVERY PARENT to help us run the season. Each family is required to provide 4 sessions of volunteering. If you do not fulfill this requirement you will be charged a fee of \$100.00.

Summer 2017 Meet Schedule

6/6/17	Lakota Hills (AWAY)
6/13/17	Windwood (HOME)
6/16 & 6/17	Rolling Hills Invitational
6/20/17	Landen (AWAY)
6/27/17	Beckett Ridge (HOME)
7/11/17	Mason (AWAY)
7/18/17	Possible additional home meet
7/28 & 7/29	CHAMPIONSHIPS Miami University

(SCHEDULE SUBJECT TO CHANGE)

You will be eligible to sign up for meets once you have registered and paid appropriate fees to the team. You must register your swimmer for each meet. If not registered, your swimmer will not be entered into a meet by the coaches.

Meet Requirements

- Must attend at least 3 practices every week.
- Swimmer may only swim events they are "legal" in.
- Swimmers are not guaranteed more than 1 swim a meet, swims are dependent upon number of swimmers in that age group and number of heats allowed for that event.



2017 Practice Schedule

Practice starts **MAY 16, 2017**

Age Group	Practice Days/Times:
8 & Under	(May 16th-May 30th) T/Th/F 6:45p-7:30p (May 31st-July 28th Outdoor) Monday-Friday 9:00a-9:45a
9-10 Years Old	(May 16th-May 30th) T/Th/F 6:00p-6:45p (May 31st-July 28th Outdoor) Monday-Friday 8:45a-9:45a
11-12 Year Olds	(May 16th-May 30th) T/Th/F 5:00p-6:00p (May 31st-July 28th Outdoor) Monday-Friday 7:45a-9:00a
13 & Over	(May 16th-May 30th) T/Th/F 3:45p-5:00p (May 31st-July 28th Outdoor) Monday-Friday 7:30a-8:45a

SCHEDULE IS SUBJECT TO CHANGE

Grouping Requirements

- Swimmers will practice with their age group unless otherwise asked.
- **All participants must be able to swim 1 length of freestyle and 1 length backstroke with no support or help in the water by May 30. If unable, coach reserves right to request them to move to our swim lesson program to better their swimming skills.**
- DO NOT attend a practice that is not your own without speaking to the Head Coach.

Big Fish/Little Fish

Each older swimmer (the big fish) will be paired up with a younger swimmer (the little fish) and will get to know them throughout the season, cheer them on at meets, and possibly give a small gift or two as a form of encouragement. This is an optional activity that helps with team comradery and gives younger swimmers someone to look up to.