

## CAMP ARROWHEAD NEWSLETTER

Week 1 – (May 29, 2018 - June 1, 2018)

And we're off. . .

Welcome campers and their families to Week 1 of Camp Arrowhead. We have a very exciting week planned for you. It will be the best summer yet! We would like to take this opportunity to introduce our Camp Directors, Steve Turnbull and Paige Fenner. Steve has been with camp for many years as a camper, counselor, CIT Director and has also worked in our before & after school program. Paige has also been with us for several years as a counselor, activity director and she also works in our before & after school program. They have been working very hard to make sure that the campers have the best summer ever. At any time please feel free to contact them should you have any questions or concerns. Their email address is [lakotaymccamp@gmail.com](mailto:lakotaymccamp@gmail.com)

Our theme for Week 1 is "And We're Off. . ." and the field trip is to Eastern Bowling Lanes in Middletown. The campers will have a pizza lunch provided but if they do not like pizza they are able to bring their lunch. They can also bring up to \$10 to play the games. The campers are responsible for the money. Each week please check the white board located by entrance of camp for field trip details and other announcements. The Camp Arrowhead Newsletter will be available each Monday afternoon at the Camp Desk and will be posted on the Y's website [www.lakotaymca.com](http://www.lakotaymca.com).

### CAMP HOURS, PARKING & DROP OFF/PICK UP

Pre-camp	7:00am-9:00am	Day Camp Sign-Out	4:00-4:10pm
Day camp sign-in	9:00am-9:15am	Post Camp	4:00-6:00pm
Day camp	9:00am-4:00pm		

There are a few designated camp parking spots by the outside playground that you can use during drop off & pick up each day. Drop off & pick up time is very busy so please use extreme caution when in the parking lot. Please be advised that if it is raining the driveway up to the camp sign in desk can be very slippery. Please use the side steps to get to the camp desk.

Each day you must walk your child into the garage area in the back of the building by the outside playground to sign your camper in/out each day. No one under the age of 16 is permitted to pick up. Until we get to know you, please have your ID ready to show the staff. Also at pick up time the campers will be in different parts of the building so please allow some extra time for them to get to the garage.

**If your child is in day camp only (9:00am-4:00pm) they cannot be dropped off before 8:55am.**

### PAPERWORK

All paperwork must be received by the first day of camp. Please be patient during the first days of camp as we may be collecting paperwork for other campers. If there is something missing on the paperwork your child's name will be highlighted on the sign in sheets. The staff at the camp desk will be able to help you with that. You will be asked to sign the Rock Wall permission form on the first day your child attends camp. We also need a current picture of your child if you have not already done so for their file. New this year will be a permission to apply sunscreen form.

### SWIMMING

The safety of our campers near and in the water is very important to us. Campers are given the opportunity to take the swim test each Monday until they pass to a green band. If your camper does not pass the swim test they will receive a red band. They will be limited to the Jr. Pool and we will be offering other outside water options for them as well. For any questions or concerns in regards to swimming please see the Camp Directors.

### **FIELD TRIP**

The field trip this week will be to Eastern Bowling Lanes. We will leave the Y around 9:30 and return by 4:00pm. Campers **must also have socks for bowling**, shoes will be provided. The campers will be given lunch of pizza and a drink. If they don't like pizza they can bring their own lunch. They are also permitted to bring \$10 with them for the games and snacks. The campers are responsible for their own money. **Please make sure your child is at camp by 9:00am. Campers will receive their camp T-shirt Wednesday morning before we leave for the field trip. Camp T-shirt must be worn on all field trips unless otherwise noted.**

### **WHAT TO BRING & WEAR**

Your camper should wear comfortable clothes each day as they will be doing a variety of activities (indoors & outdoors) throughout their day. **Gym shoes must be worn.** If they are not wearing gym shoes they may be limited in their activities. **Electronic's, phones etc. are not permitted at camp.**

Camper will need to bring a **bathing suit, towel, flip flops and sunscreen each day** except field trip days. Some field trips they will need their suits but you will be notified. Please put your child's name on their belongings. Girls are required to wear one piece swimsuits. Boys must wear swim trunks with no undergarments showing. No Speedo's. We will be lenient during the first week of camp as parent find the opportunity to buy swimwear. Campers must bring a packed lunch each day. There is no refrigeration so put a cold pack into their lunch bag. We also do not have access to a microwave to cook or heat up food for them. If your child does not have a lunch from home, one will be provided by the Y at fee of \$5.00 that will be billed to your account.

### **SUNSCREEN**

Each day the campers should bring their own each day. Make sure that their name is on the sunscreen. Campers will not be permitted to share the sunscreen. The counselors will help the camper apply the sunscreen but you will need to fill out a form call Request for Administration of Medication for Child Care. They will be available at the camp desk.

### **D.E.A.R**

D.E.A.R. stands for Drop Everything and Read. Every day (except field trip days) we will spend 30 minutes reading. Campers and CIT's are encouraged to bring a favorite book, magazine or other reading material. Campers without a book may choose one from our "Camp Library".

### **SWIM LESSONS & SWIM TEAM**

Camp will have our own swim lessons that you will be able to sign up your camper for if you would like them to do swim lessons. Campers attending swim lessons will be picked up by a lifeguard and escorted to and from swim lessons. Registration for swim lessons are currently going on and you can register at the front desk or online. These lessons are strictly for camp. Session 1 runs 4 weeks and begins the week of June 4th. Lessons are on Tuesdays and Thursdays. Campers on the swim team will be sent to practice at the appropriate time. **Note:** If your child is not signed in prior to swim team practice, an adult must sign them in when they arrive at Camp. Please make the camp desk staff aware if your child is doing swim lessons and/or swim team.

### **ALLERGIES**

If your child has any known allergies and/ or medications please let us know ASAP. You will need to fill out an Administration of Medication form and a Child Health Care Plan form on file with us. If there is any training or special instructions please let us know.

### **PAYMENT**

First payment includes one-week tuition plus a \$40 non-refundable, non-transferable deposit for each additional week. Remaining weekly tuition will be charged to your credit card each Friday for the upcoming week. At registration you will need to provide a credit card. Registration is required by Wednesday prior to the following week of camp. Registration after Wednesday will be billed a \$30 late fee. Registrations are only accepted at the Lakota YMCA Front Desk. For billing questions please email [Heather.branham@lakotaymca.com](mailto:Heather.branham@lakotaymca.com).

### **QUESTIONS OR CONCERNS**

Should you ever have any questions or concern please contact Steve, Paige (Camp Directors) at [lakotaymccamp@gmail.com](mailto:lakotaymccamp@gmail.com) or Angie (Childcare Director) at 779-3917 or email [angie.delnegro@lakotaymca.com](mailto:angie.delnegro@lakotaymca.com).

Thank you for choosing the Lakota YMCA Camp Arrowhead!