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# LAKOTA FAMILY YMCA

## CAMP ARROWHEAD NEWSLETTER

Week 4 – (June 18, 2018 – June 22, 2018)

### Game On!

Welcome campers and their families to Week 4 of Camp Arrowhead. Another great week of activities is planned. Friday is the theme day and they will be doing sports of all sorts. The campers can wear their favorite team shirt, jersey etc. Also with this extreme heat we are doing our best to keep camp activities indoors. You are encouraged to send in a water bottle with your child and we do have a cooler of water available too.

Please make sure your child has a lunch each day. If they forget their lunch a supplemental lunch will be provided for a \$5.00 fee. If lunches are not provided on a regular basis we will call you to provide a lunch for your camper.

We are also welcoming back Regan who will be in charge of the CIT's. Regan has been a camp counselor for many years. We are glad to have her back.

Please watch the white board located by the camp desk each week for field trip details and other announcements. The Camp Arrowhead Newsletter will be available each Monday afternoon at the Camp Desk and will be posted on the Y's website [www.lakotaymca.com](http://www.lakotaymca.com).

#### CAMP HOURS, PARKING & DROP OFF/PICK UP

Pre-camp	7:00am-9:00am	Day Camp Sign-Out	4:00-4:10pm
Day camp sign-in	9:00am-9:15am	Post Camp	4:00-6:00pm
Day camp	9:00am-4:00pm		

There are a few designated camp parking spots by the outside playground that you can use during drop off & pick up each day. Drop off & pick up time is very busy so please use extreme caution when in the parking lot. Please be advised that if it is raining the driveway up to the camp sign in desk can be very slippery. Please use the side steps to get to the camp desk.

Each day you must walk your child into the garage area in the back of the building by the outside playground to sign your camper in/out each day. No one under the age of 16 is permitted to pick up. Until we get to know you, please have your ID ready to show the staff. Also at pick up time the campers will be in different parts of the building so please allow some extra time for them to get to the garage.

If you are late picking up your camper there is a late fee of \$1.00 per minute per child. Please use your permission to pick up list if you are going to be late. Thanks for your cooperation in this matter.

**If your child is in day camp only (9:00am-4:00pm) they cannot be dropped off before 8:55am.**

#### PAPERWORK

All paperwork must be received by the first day of camp. Please be patient during the first days of camp as we may be collecting paperwork for other campers. If there is something missing on the paperwork your child's name will be highlighted on the sign in sheets. The staff at the camp desk will be able to help you with that. You will be asked to sign the Rock Wall permission form on the first day your child attends camp. We also need a current picture of your child if you have not already done so for their file. New this year will be a permission to apply sunscreen form.

Also if your child was hurt or some other incident that occurs you will receive an Incident Report. Your copy will be on the desk when you sign your camper in/out.

#### FIELD TRIP

The field trip this week will be going to the Reds game. Before the game the camper go to Sawyer Point to eat their lunch. They are permitted to bring \$10 with them to buy snacks at the game. Campers are permitted to bring a rain poncho if they want due to the weather forecast. **Please make sure your child is at camp by 9:00am. If they were not here for week 1, they will be given a t-shirt on Wednesday when they get here. Camp T-shirt must be worn on all field trips unless otherwise noted.**

### WHAT TO BRING & WEAR

Your camper should wear comfortable clothes each day as they will be doing a variety of activities (indoors & outdoors) throughout their day. **Gym shoes must be worn.** If they are not wearing gym shoes they may be limited in their activities.

Camper will need to bring a **bathing suit, towel, flip flops and sunscreen each day** except field trip days. Some field trips they will need their suits but you will be notified. Please put your child's name on their belongings.

Girls are required to wear one piece swimsuits. Boys must wear swim trunks with no undergarments showing. No Speedo's. We will be lenient during the first week of camp as parent find the opportunity to buy swimwear.

Campers must bring a packed lunch each day. There is no refrigeration so put a cold pack into their lunch bag. We also do not have access to a microwave to cook or heat up food for them. If your child does not have a lunch from home, one will be provided by the Y at fee of \$5.00 that will be billed to your account.

### SUNSCREEN

Each day the campers should bring their own each day. Make sure that their name is on the sunscreen. Campers will not be permitted to share the sunscreen. The counselors will help the camper apply the sunscreen but you will need to fill out a form call Request for Administration of Medication for Child Care. They will be available at the camp desk.

### D.E.A.R

D.E.A.R. stands for Drop Everything and Read. Every day (except field trip days) we will spend 30 minutes reading. Campers and CIT's are encouraged to bring a favorite book, magazine or other reading material. Campers without a book may choose one from our "Camp Library".

### SWIM LESSONS & SWIM TEAM

Camp will have our own swim lessons that you will be able to sign up your camper for if you would like them to do swim lessons. Campers attending swim lessons will be picked up by a lifeguard and escorted to and from swim lessons. Registration for swim lessons are currently going on and you can register at the front desk or online. These lessons are strictly for camp. Session 1 runs 4 weeks and begins on June 6<sup>th</sup>. Lessons are on Tuesdays and Thursdays. The cost is \$48 for Lakota members & \$80.

Campers on the swim team will be sent to practice at the appropriate time. **Note:** If your child is not signed in prior to swim team practice, an adult must sign them in when they arrive at Camp.

Please make the camp desk staff aware if your child is doing swim lessons and/or swim team.

### ALLERGIES

If your child has any known allergies and/ or medications please let us know ASAP. You will need to fill out an Administration of Medication form and a Child Health Care Plan form on file with us. If there is any training or special instructions please let us know.

### PAYMENT

First payment includes one-week tuition plus a \$40 non-refundable, non-transferable deposit for each additional week. Remaining weekly tuition will be charged to your credit card each Friday for the upcoming week. At registration you will need to provide a credit card. Registration is required by Wednesday prior to the following week of camp. Registration after Wednesday will be billed a \$30 late fee. Registrations are only accepted at the Lakota YMCA Front Desk. For billing questions please email [Heather.branham@lakotaymca.com](mailto:Heather.branham@lakotaymca.com).

### QUESTIONS OR CONCERNS

Should you ever have any questions or concern please contact Steve or Paige (Camp Directors), Regan (C.I.T. Director) or Angie (Childcare Director) at 779-3917 or email [angie.delnegro@lakotaymca.com](mailto:angie.delnegro@lakotaymca.com).

Thank you for choosing the Lakota YMCA Camp Arrowhead!