

## CAMP ARROWHEAD NEWSLETTER

Week 7 – (July 10<sup>th</sup>, 2017 – July 14<sup>th</sup>, 2017)

### Jump to New Heights!

We cannot wait to soar into week 7 at Camp Arrowhead! We had an *extremely* fun time last week playing around Main Event Entertainment.

Our theme for Week 7 is “Jump to New Heights!” and the field trip is to Pump It Up! Campers will be bouncing around and doing fun obstacle courses! We will only be at Pump It Up for about half of the day (time depends on the tribe your child is in). Please pack lunch as if it is a normal day at camp because the campers will be eating lunch at the Y. Each child is required to wear socks in order to jump on the inflatables. Campers may not bring money on this field trip. Make sure your child brings their swimsuit because swimming may be an option when we return to the Y. Please watch the white board located by the camp desk each week for field trip details and other announcements. The Camp Arrowhead Newsletter will be available each Monday afternoon at the Camp Desk and will be posted on the Y’s website [www.lakotaymca.com](http://www.lakotaymca.com).

**IMPORTANT:** The campers are responsible for anything they bring to camp. The counselors are not. If they happen to lose something, we have a lost and found table by the camp desk.

### CAMP HOURS, PARKING & DROP OFF/PICK UP

Pre-camp	7:00am-9:00am	Day Camp Sign-Out	4:00-4:10pm
Day camp sign-in	9:00am-9:15am	Post Camp	4:00-6:00pm
Day camp	9:00am-4:00pm		

There are a few designated camp parking spots by the outside playground that you can use during drop off & pick up each day. Drop off & pick up time is very busy so please use extreme caution when in the parking lot. Please be advised that if it is raining the driveway up to the camp sign in desk can be very slippery. Please use the side steps to get to the camp desk.

Each day you must walk your child into the garage area in the back of the building by the outside playground to sign your camper in/out each day. No one under the age of 16 is permitted to pick up. Until we get to know you, please have your ID ready to show the staff. Also at pick up time the campers will be in different parts of the building so please allow some extra time for them to get to the garage.

**If your child is in day camp only (9:00am-4:00pm) they cannot be dropped off before 8:55am.**

## **PAPERWORK**

All paperwork must be received by the first day of camp. Please be patient during the first days of camp as we may be collecting paperwork for other campers. If there is something missing on the paperwork your child's name will be highlighted on the sign in sheets. The staff at the camp desk will be able to help you with that. You will be asked to sign the Rock Wall permission form on the first day your child attends camp. We also need a current picture of your child if you have not already done so for their file. New this year will be a permission to apply sunscreen form.

## **FIELD TRIP**

The field trip this week will be to Pump It Up. The first group will leave the Y around 9:15/9:30. Campers may not bring money. Each child must wear socks in order to jump at Pump It up. Pack lunches as if it is a normal day at camp. Make sure your child brings their swimsuit because swimming may be an option when we return to the Y. Any other personal belongings that the campers happen to bring will be their responsibility during the field trip. **Please make sure your child is at camp by 9:00am at the latest. Campers must wear their blue t-shirt they received last week. If they were not here for previous weeks, they will be given a t-shirt on Wednesday when they get here. Camp T-shirt must be worn on all field trips unless otherwise noted.**

## **WHAT TO BRING & WEAR**

Your camper should wear comfortable clothes each day as they will be doing a variety of activities (indoors & outdoors) throughout their day. **Gym shoes must be worn.** If they are not wearing gym shoes they may be limited in their activities.

Camper will need to bring a **bathing suit, towel, flip flops and sunscreen each day** except field trip days. Some field trips they will need their suits but you will be notified. Please put your child's name on their belongings.

Girls are required to wear one piece swimsuits. Boys must wear swim trunks with no undergarments showing. No Speedo's. We will be lenient during the first week of camp as parent find the opportunity to buy swimwear.

Campers must bring a packed lunch each day. There is no refrigeration so put a cold pack into their lunch bag. We also do not have access to a microwave to cook or heat up food for them. If your child does not have a lunch from home, one will be provided by the Y at fee of \$5.00 that will be billed to your account.

## **SUNSCREEN**

Each day the campers should bring their own each day. Make sure that their name is on the sunscreen. Campers will not be permitted to share the sunscreen. The counselors will help the camper apply the sunscreen but you will need to fill out a form call Request for Administration of Medication for Child Care. They will be available at the camp desk.

## **D.E.A.R**

D.E.A.R. stands for Drop Everything and Read. Every day (except field trip days) we will spend 30 minutes reading. Campers and CIT's are encouraged to bring a favorite book, magazine or other reading material. Campers without a book may choose one from our "Camp Library".

## **SWIM LESSONS & SWIM TEAM**

Camp will have our own swim lessons that you will be able to sign up your camper for if you would like them to do swim lessons. Campers attending swim lessons will be picked up by a lifeguard and escorted to and from swim lessons. Registration for swim lessons are currently going on and you can register at the front desk or online. These lessons are strictly for camp. Session 1 runs 4 weeks and begins on June 6<sup>th</sup>. Lessons are on Tuesdays and Thursdays. The cost is \$48 for Lakota members & \$80.

Campers on the swim team will be sent to practice at the appropriate time. **Note:** If your child is not signed in prior to swim team practice, an adult must sign them in when they arrive at Camp.

Please make the camp desk staff aware if your child is doing swim lessons and/or swim team.

### **ALLERGIES**

If your child has any known allergies and/ or medications please let us know ASAP. You will need to fill out an Administration of Medication form and a Child Health Care Plan form on file with us. If there is any training or special instructions please let us know.

### **PAYMENT**

First payment includes one-week tuition plus a \$40 non-refundable, non-transferable deposit for each additional week. Remaining weekly tuition will be charged to your credit card each Friday for the upcoming week. At registration you will need to provide a credit card. Registration is required by Wednesday prior to the following week of camp. Registration after Wednesday will be billed a \$30 late fee. Registrations are only accepted at the Lakota YMCA Front Desk. For billing questions please email [Heather.branham@lakotaymca.com](mailto:Heather.branham@lakotaymca.com).

### **QUESTIONS OR CONCERNS**

Should you ever have any questions or concern please contact Jess, Al (Camp Directors), Steve (C.I.T. Director) or Angie (Childcare Director) at 779-3917 or email [angie.delnegro@lakotaymca.com](mailto:angie.delnegro@lakotaymca.com).

Thank you for choosing the Lakota YMCA Camp Arrowhead!