



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKOTA FAMILY YMCA

Gym Schedule
May 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30	Open Gym		March NOTES: During Family Open Gym Times full court play will not be permitted on that side of the gymnasium. Tuesday- 6:00-7:30pm currently Bootcamp -uses Westgym 11:00 to 11:30 Gym rentals may take place on one gym side when both gyms are available for open gym.					
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
10:30			SOAS 10:00-10:45		Pickle Ball Open Play 10:00-2:00 East Gym			
11:00							Bootcamp	
11:30	Open Gym							
12:00								
12:30								
1:00								
1:30								
2:00								
2:30								
3:00								
3:30								
4:00								
4:30				SOAS 1:00-1:45				
5:00	Open Gym							
5:30								
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
10:00			Family Open Gym 6:00-7:30 East Gym					
		ABBL 6:15 - 8:00 East Gym						

Schedule is subject to change

Direct questions regarding Gym availability to: Andrew Maynard at (513) 779-3917 or email Andrew.Maynard@Lakotaymca.com
 Open Gym in evenings: No organized activities during open time.