



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKOTA FAMILY YMCA

Gym Schedule
October 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30			October NOTES: During Family Open Gym Times full court play will not be permitted on that side of the gymnasium. ABBL- Adult basketball league starts full gym on Oct.9th Bootcamp -uses Westgym 11:00 to 11:30 Gym rentals may take place on one gym side when				
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30	Open Gym		SOAS 10:00-10:45		Pickle Ball Open Play 10:00-2:00 East Gym		
11:00							
11:30							
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
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4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30		ABBL 6:00 - 9:00 East Gym	Family Open Gym 6:00-7:30 East Gym				
9:00							
9:30							
10:00							

Schedule is subject to change

Direct questions regarding Gym availability to: Andrew Maynard at (513) 779-3917 or email Andrew.Maynard@Lakotaymca.com
Open Gym in evenings: No organized activities during open time.