



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKOTA FAMILY YMCA

Gym Schedule
September 2018

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30			September NOTES: During Family Open Gym Times full court play will not be permitted on that side of the gymnasium. SHOCK Try Outs- September 15th gym closed til 6:00pm Bootcamp-uses Westgym 11:00 to 11:30 Gym rentals may take place on one gym side when					
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
10:30	Open Gym		SOAS 10:00-10:45		Pickle Ball Open Play 10:00-2:00 East Gym		Bootcamp	
11:00								
11:30								
12:00								
12:30								
1:00								
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9:00								
9:30								
10:00								

Schedule is subject to change

Direct questions regarding Gym availability to: Andrew Maynard at (513) 779-3917 or email Andrew.Maynard@Lakotaymca.com
Open Gym in evenings: No organized activities during open time.