

# LAKOTA FAMILY YMCA

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# THE **FOR LIFE**

#### **MEMBERSHIP INFORMATION**

Your life is a journey and the Lakota Family YMCA is there for you and your family every step of the way. More than just a place to work out, the Lakota Family YMCA is a life-long destination where family and friends meet to experience healthy living for the spirit, mind and body.

## HOURS OF OPERATION

#### Facility

Mon-Fri 5:00am—9:00pm Sat 7:00am—7:00pm Sun 11:30am—6:00pm Indoor Pool and Sauna open 6:00am Monday—Friday, 7:30am Saturday and 12:00pm Sunday. Please visit website for Outdoor Pool and Dome hours during season.

#### **OUR MISSION**

The Lakota Family YMCA strives to become a destination for all ages offering opportunities for families, friends and community to experience healthy living for the spirit, mind and body.

#### MEMBERSHIP

The YMCA is a worldwide membership organization. Lakota Family YMCA participates in Nationwide Membership. As a Lakota Family YMCA member you can participate in programming at discounted rates or at no charge, and receive priority registration for programs. All Membership Types are a 12 month contract. To break contract, contact the Membership Director.

#### **MEMBERSHIP BENEFITS**

- FREE Group Fitness classes offered daily.
- FREE health and wellness programs.
- FREE drop-in child care.
- Swim Lessons for ALL ages
- Year-round swimming (Outdoor and Indoor Pools)
- Access to Nationwide Membership
- Before and After School Child Care
- Priority registration for all programs
- Youth Sports
- Discounted Specialty Fitness Sessions (Women on Weights and Personal Training)

And so much more!

#### OTHER MEMBERSHIPS

Lakota Family YMCA participates with Military Outreach. Please contact the Membership Director M-F 8:30a-5p to find out if you qualify.

#### MEMBERSHIP PARTNERS

A variety of insurance discounts are available through your provider. Lakota Family YMCA currently participates in Humana Go365, United Healthcare, Tivity Health (SilverSneakers & Prime) AshFitness (Silver&Fit and Active&Fit) and RenewActive/Optum Fitness Advantage by United Healthcare. Contact your insurance provider to see if you qualify for any Fitness/Wellness Benefits.

#### FINANCIAL ASSISTANCE

Within its available resources, Lakota Family YMCA will provide services to anyone who desires to participate in our programs and membership regardless of his/her ability to pay. Partial financial assistance will be awarded to those who can demonstrate their inability to pay the full fee.

### MEMBERSHIP FEES & PAYMENT PLANS JOINING FEE

The joining fee is a one-time fee for new members only. Memberships that are expired or terminated for more than 60 days need to rejoin.

## PAYMENT OPTIONS

#### MONTHLY CREDIT CARD DRAFTING

Membership remains continuous until the member requests a cancellation by the 15th of the month to stop payment for the next month billing cycle on the 1st. Note: Lakota YMCA rates are subject to change. 30 day advance notice will be given.

#### ANNUAL

Annual dues are taken at registration or renewal. Annual option includes savings. MasterCard, Visa, Discover, Check or Cash are accepted for all transactions.



# BETTER TOGETHER

#### **REFER A FRIEND**

Encourage a friend to join Lakota Family YMCA and receive one month FREE when they use you as a referral at time of joining.

### YMCA GIFT CARD

Give the gift of good health. A YMCA Gift card is perfect for children who would enjoy swim lessons, day camp or youth sports. A gift card is great for the family that plays together, and wonderful for the adult who is looking to start or continue an exercise program. Gift cards are available year-round, in any amount and may be applied toward membership or programs. Visit the Front Desk for more information or to make a purchase.

MEMBERSHIP TYPE	MONTHLY RATE	MONTHLY RATE EFFECTIVE 2/1/2025	ANNUAL RATE	ANNUAL RATE EFFECTIVE 2/1/2025	JOINING FEE
<b>1 Adult with Dependents</b> One adult and all dependent children residing in the same household through the age of 18 and/or unmarried dependent children through the age of 27 who are full-time students	\$63.90	\$68.10	\$702.90	\$749.76	\$100
<b>2 Adults with Dependents</b> 2 adults and all dependent children residing in the same household through the age of 18 and/or unmarried dependent children through the age of 27 who are full-time students	\$72.42	\$77.75	\$796.62	\$855.20	\$100
Household Plus Two or more adults (father, mother, sister, etc.) residing in the same house and their dependent children. *Proof of residence is required.	\$90.53	\$96.92	\$995.78	\$1,066.07	\$100
Single 18 –54 years	\$52.19	\$55.38	\$574.04	\$609.18	\$100
Senior Single 55 years and over	\$43.67	\$46.86	\$480.32	\$515.46	\$100
<b>2 Adults</b> Two adults, aged 18 and over, residing in the same household.	\$56.45	\$60.71	\$620.90	\$667.76	\$100

#### **1-WEEK TRIAL PASS**

Stop by Lakota Family YMCA, take a tour, and receive a one week/seven consecutive day pass via email to try us out! One guest pass per family, per 12 month period. Trial passes are not a substitute for a guest pass. We reserve the right to revoke a trial pass if misuse is suspected.

# **GIVE US A** TRY TODAY!

