



# LAKOTA FAMILY YMCA

## Pool Schedule

**June 2021**

Updated 06/18/2021

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	
	<b>12pm - 5:30pm</b>	<b>6:00am - 8:30pm</b>	<b>6:00am - 8:30pm</b>	<b>6:00am - 8:30pm</b>	<b>6:00am - 8:30pm</b>	<b>6:00am - 8:30pm</b>	<b>7:30am - 6:30pm</b>	
	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	<b>Outdoor Pool</b>	
	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	<b>12pm - 8:00pm</b>	
<b>6:00 AM</b>								
<b>6:30 AM</b>								
<b>7:00 AM</b>		Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim		
<b>7:30 AM</b>		6:00am - 9:30am	6:00am - 9:30am	6:00am - 9:30am	6:00am - 9:30am	6:00am - 9:30am		Lap Swimming
<b>8:00 AM</b>								7:30am - 10:00am
<b>8:30 AM</b>								
<b>9:00 AM</b>								
<b>9:30 AM</b>		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
<b>10:00 AM</b>		9:30am - 11:30am	9:30am - 11:30am	9:30am - 11:30am	9:30am - 11:30am			
<b>10:30 AM</b>		Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY		Swim	
<b>11:00 AM</b>		9:30am - 12:30pm	9:30am - 12:30pm	9:30am - 12:30pm	9:30am - 12:30pm		Lessons	
<b>11:30 AM</b>		Silver Sneakers	Rockin' the Waves	Silver Sneakers	Rockin' the Waves	Silver Sneakers	10:00am - 12:30pm	
<b>12:00 PM</b>			11:30am - 12:30pm	11:30am - 12:30pm	11:30am - 12:30pm	11:30am - 12:30pm		
<b>12:30 PM</b>								
<b>1:00 PM</b>								
<b>1:30 PM</b>			Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	
<b>2:00 PM</b>	Lap/Open Swim	12:30pm - 4:30pm	12:30pm - 4:30pm	12:30pm - 4:30pm	12:30pm - 4:30pm	12:30pm - 4:30pm	Lap/Open Swim	
<b>2:30 PM</b>	12:00pm - 5:30pm						12:30pm - 6:30pm	
<b>3:00 PM</b>								
<b>3:30 PM</b>								
<b>4:00 PM</b>								
<b>4:30 PM</b>		Swim Team Practice	Swim Team Practice	Swim Team Practice	Swim Team Practice	Swim Team Practice		
<b>5:00 PM</b>		4:00pm - 8:00pm	4:00pm - 8:00pm	4:00pm - 8:00pm	4:00pm - 8:00pm	4:00pm - 8:00pm		
<b>5:30 PM</b>								
<b>6:00 PM</b>		Lap Swimming ONLY	Lap Swimming ONLY	Lap Swimming ONLY	Lap Swimming ONLY	Lap Swimming ONLY		
<b>6:30 PM</b>		4:00pm - 8:00pm	4:00pm - 7:00pm	4:00pm - 8:00pm	4:00pm - 7:00pm	4:00pm - 8:00pm		
<b>7:00 PM</b>			Water Aerobics		Water Aerobics			
<b>7:30 PM</b>			7:15pm - 8:15pm		7:15pm - 8:15pm			
<b>8:00 PM</b>		Lap Swim Only	Lap Swim Only	Lap Swim Only	Lap Swim Only	Lap Swim Only		
<b>8:30 PM</b>		8:00pm - 8:30pm	8:00pm - 8:30pm	8:00pm - 8:30pm	8:00pm - 8:30pm	8:00pm - 8:30pm		

Schedule is subject to change

Private Swim Lessons, Swim Team, and/or Scholarship Programs may run during lap/open swim times, but are flexible for members using the pool for lap swim