

## TEAM FEES

Registration starts 4/6/20-6/1/20

**\$150** each for the first 2 swimmers

**\$135** each for each additional swimmer

Discount available if parent serves as an official for 2 meets (training provided).

**\*Need a payment plan? Contact Tom Cuticchia-Head Coach\***

**Volunteer Fee \$200** per family

### Payment for Volunteer fee:

1. Provide a credit card to leave on file with Lakota Family YMCA that will only be charged if you do not complete your volunteer requirements. You will be notified prior to the charge.

### Other Fees

- Invitational Meets and Championship Meet are an additional fee. These fees range from \$4-\$5 per event. Each family must put a credit card on file at the time of registration. Fees for these meets will be charged on the Friday following the Meet.
- \*If you register for an event and do not show you will still be held accountable for those fees\*
- \*If you are on a relay and do not show you will be held accountable for the **ENTIRE** relay fee\*

### Parent Meeting at Team Suit Fitting

On Monday, May 18 we will be having a parents meeting at the Y. This meeting will cover important topics like meet requirements, volunteer requirements, how to sign up for meets, special events, etc. Also, our swimsuit company, Swimville USA, will be in attendance to swimmers can get fitted for their team suit and purchase other swimming gear. You can contact Swimville directly at (859) 441-7946.

## Coaches and Board Members

Head Coach — Tom Cuticchia

tom.cuticchia@lakotaymca.com

President — Eric Lee

Vice President — Kristen Gomez

Secretary — Rick Parks

Treasurer — Sarah Clippinger

Parent Liason — Katie Laughlin

Social Chair — Jacqueline Luebbe

**PHONE: 513-779-3917**



**This material was prepared by the Lakota Family YMCA and is not sponsored or endorsed by the Lakota Local School District or any Lakota School.**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## LAKOTA FAMILY YMCA Stingrays Summer Swim Team

**\*\*Dates are subject to change based on current social distancing guidelines\*\***

**May 12—July 18**

**Registration opens  
Monday, April 6**

**Parent Meeting &  
Team Suit Fitting  
Monday, May 18, 2020  
Meeting: 6:30-7:30p  
Fitting: 5:00-8:00p**

**Tri-County Championships  
July 17-18 at Miami**

**“The starting point of  
all achievement is  
desire!”**

**www.lakotastingsrays.com**

## YMCA Mission

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.



## Lakota Family YMCA Stingrays

- We focus on ages **5** years old to **18** years old based on age as of June 1.
- This program is a recreational/competitive **SUMMER ONLY** swim team that competes in the Tri-County Swim League.
- **This is NOT a learn to swim program. All swimmers must be able to complete 25 yards freestyle with rotary breathing and 25 yards backstroke with no support and no help in the water by 6/1/20. If unable, coach reserves right to request them to move to our swim lesson program to better their swimming skills.** We will work on cleaning the stroke and teaching new strokes!

Refunds? We do not guarantee a refund unless coaches deem swimmer is not able to complete practices by 6/1/20. For other refunds, you must submit a request to the Head Coach. Partial refunds may be given upon approval.

## Why are PARENTS important?

Swim meets do not run themselves. We need EVERY PARENT to help us run the season. Each family is required to provide 4 sessions of volunteering. If you do not fulfill this requirement, you will be charged a fee of \$200.00.

## Summer 2020 Meet Schedule

6/2/20 Dutchland Woods(HOME-Disney)  
6/9/20 Winwood (AWAY)  
6/16/20 Hycrest (HOME-Luau)  
6/23/20 Lakota Hills (AWAY)  
6/28/20 Mason Invitational (AWAY)  
6/30/20 Mason (HOME-Circus)  
7/7/20 Lifetime Fitness (HOME-Olympics)

7/17 & 7/18 **CHAMPIONSHIPS**  
**Miami University**

(SCHEDULE SUBJECT TO CHANGE)

**\*You will be eligible to sign up for meets once you have registered and paid the appropriate fees to the team. You must sign your swimmer up for each meet. If not signed up, your swimmer will not be entered into a meet by the coaches.\***

## Meet Requirements

- Must attend at least 3 practices every week. Must attend Tues. morning practice to swim in meet.
- Coaches will choose appropriate events for each swimmer. Coaches will make every effort to place swimmers in as many events as possible depending on number of swimmers in each age group and number of heats allowed for each event.



## 2020 Practice Schedule

**Practice starts MAY 12, 2020**

**\*SCHEDULE IS SUBJECT TO CHANGE\***

<b>Age Group</b>	<b>Practice Days/Times:</b>
8 & Under	(May 12-May 26) T/Th/F 6:30p-7:15p (May 27-July 16 Outdoor) Monday-Friday 9:00a-9:45a
9-10 Years Old	(May 12-May 26) T/Th/F 7:15p-8:15p (May 27-July 16 Outdoor) Monday-Friday 8:45a-9:45a
11-12 Year Olds	(May 12-May 26) T/Th/F 5:30p-6:30p (May 27-July 16 Outdoor) Monday-Friday 7:45a-9:00a
13 & Over	(May 12-May 26) T/Th/F 4:30p-5:30p (May 27-July 16 Outdoor) Monday-Friday 7:30a-8:45a

## Grouping Requirements

- Swimmers will practice with their age group unless otherwise asked.
- DO NOT attend a practice that is not your own without approval from the Head Coach.

## Stingray "Schools" of Fish

We strive to promote team building, friendliness and sportsmanlike conduct among teammates. One way we achieve this is through our "Stingray Schools" program which allows a small group of swimmers on the team to gather together to encourage one another and cheer each other on at meets and throughout the season. It's all about the relationship established and the team spirit shared.