



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Lakota Family YMCA December Gym Schedule

UPDATED 11/30/2023

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30								
6:00								
6:30								
7:00								
7:30			Latchkey	Latchkey	Latchkey	Latchkey		Latchkey
8:00			(West Gym)	(West Gym)	(West Gym)	(West Gym)		(West Gym)
8:30								
9:00								
9:30			Crayon Club	Crayon Club	Crayon Club	Crayon Club		Crayon Club
10:00			(West Gym)	(West Gym)	(West Gym)	(West Gym)		(West Gym)
10:30		Silver Sneakers	Chair	Silver Sneakers			Tiny Tots Basketball (West Gym)	
11:00		Stability (West)	Yoga (West)	Classic (West)				
11:30								
12:00			Pickleball		Pickleball			
12:30								
1:00			East Gym		East Gym			
1:30								
2:00								
2:30	LSO Little Shooters Basketball Clinic (West Gym)							
3:00								
3:30								
4:00								
4:30								
5:00								
5:30								
6:00		Mens Organized Basketball Games (East Gym)	LSO YOUTH VOLLEYBALL WEST GYM	Whole Gym Closed 6-7pm Tiny Tots Basketball (West Gym)	LSO YOUTH VOLLEYBALL WEST GYM	Futsal Practice 12/15 East Gym West Gym For Crayon Club 5 - 8:30pm 12/15		
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								

Schedule is subject to change

****No organized team activities during open gym times****
The Whole Gym Will Be Closed For Cookies With Santa Friday, December 8th From 5-8:30pm
**** Schedule May Vary Due To Weather****