

# Lakota Family YMCA Gym Schedule

\*Black boxes indicate camp use: half gym or full gym may be closed during those times.\*

	Sunday 11:30-6p	Monday 5-8:30p	Tuesday 5-8:30p	Wednesday 5-8:30p	Thursday 5-8:30p	Friday 5-8:30p	Saturday							
5am														
6am														
7am								Gymnasium Closed 7a-9:30a	Gymnasium Closed 7a-9:30a	Gymnasium Closed 7a-9:30a	Gymnasium Closed 7a-9:30a	Gymnasium Closed 7a-9:30a		
9am	WEST GYM CLOSED													
10am														
11am														
12pm	12pm-3pm East Gym Pickleball	Gymnasium Closed 12p-1p	Gymnasium Closed 12p-1p	Gymnasium Closed 12p-1p	Gymnasium Closed 12p-1p	Gymnasium Closed 12p-1p								
1pm	12pm-3pm East Gym Pickleball	WEST GYM CLOSED	WEST GYM CLOSED	WEST GYM CLOSED	WEST GYM CLOSED	WEST GYM CLOSED								
3pm	12pm-3pm East Gym Pickleball	Gymnasium Closed 3:30p-4:30p	Gymnasium Closed 3:30p-4:30p	Gymnasium Closed 3:30p-4:30p	Gymnasium Closed 3:30p-4:30p	Gymnasium Closed 3:30p-4:30p								
4pm														
5pm								WEST GYM CLOSED 4:30p-6:15p	WEST GYM CLOSED 4:30p-6:15p	WEST GYM CLOSED 4:30p-6:15p	WEST GYM CLOSED 4:30p-6:15p	WEST GYM CLOSED 4:30p-6:15p		
6pm														
7pm	6:00 - 8:30 East Gym Men's Organized Basketball													
8pm														

\*Gymnasium closes 30 minutes before building\*

Updated 5/25/2026