

Lakota Family YMCA Gym Schedule



All non-programmed hours are Open Gym.

Schedule is subject to change

	Sunday 11:30-6p	Monday 5-8:30p	Tuesday 5-8:30p	Wednesday 5-8:30p	Thursday 5-8:30p	Friday 5-8:30p	Saturday 7-6:30p
7am		7:00 – 9:00 West Gym Child Care	7:00 – 9:00 West Gym Child Care	7:00 – 9:00 West Gym Child Care	7:00 – 9:00 West Gym Child Care	7:00 – 9:00 West Gym Child Care	
9am		9:00 – 9:50 West Gym Crayon Club		9:00 – 9:50 West Gym Crayon Club 9:00 – 9:50 West Gym Crayon Club	9:00 – 9:50 West Gym Crayon Club	9:00 – 9:50 West Gym Crayon Club	
10am		10:00 – 11:00 West Gym Silver Sneakers Class	10:00 – 11:00 West Gym Chair Yoga	10:00 – 11:00 West Gym Silver Sneakers Class			
11am			11:00 – 2:00 East Gym Pickleball 11:00 – 2:00 West Gym Pickleball 1/2 Court		11:00 – 2:00 East Gym Pickleball 11:00 – 2:00 West Gym Pickleball 1/2 Court		
12p	12pm-3pm East Gym Pickleball						
3pm							
5pm			5:30 – 8:30 West Gym LSO		5:30 – 8:30 West Gym LSO		
6pm		6:00 – 8:30 East Gym Men's Organized Basketball					

- T/Th Pickleball may utilize a third court if there are less than 5 people playing basketball on the other half of the West Gymnasium. (This is subject to staff decision.)
- No organized team activities during open gym times
- Schedule May Vary Due To Weather
- Gymnasium closes 15 minutes before building