

Lakota Family YMCA
Indoor Pool - Program Schedule
 Spring Season

SCHEDULE IS SUBJECT TO CHANGE

Hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Indoor	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm
Bubble	12pm-5:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	12pm-6:30pm
6:00am	Pool Closed	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-10:30am (all lanes)	Lap Swim/Open Swim 6:00-11:30am (all lanes)	Pool Closed
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am		H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am			
9:30am							
10:00am		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Crayon Club Lessons/Lap Swim 10:15-11:30am (4 lanes open for Lap Swim)	Lap Swim/Open Swim 9:30-11:30am (all lanes)	Crayon Club Lessons/Lap Swim 10:15-11:15am (4 lanes open for Lap Swim)		
10:30am							
11:00am							
11:30am		Silver Splash 11:30am-12:30pm (1-2 lanes open for Lap swim)	Rocking the Waves 11:30am-12:30pm (1-2 lanes open for Lap swim)	Silver Splash 11:30am-12:30pm (1-2 lanes open for Lap swim)	Rocking the Waves 11:30am-12:30pm (1-2 lanes open for Lap swim)	Silver Splash 11:30am-12:30pm (1-2 lanes open for Lap swim)	
12:00pm	Lap Swim/Open Swim 12:00-5:30pm (all lanes)	Lap Swim/Open Swim 12:30-5:30pm (all lanes)	Lap Swim/Open Swim 12:30-7:00pm (all lanes)	Lap Swim/Open Swim 12:30-5:30pm (all lanes)	Lap Swim/Open Swim 12:30-7:00pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:00-6:30pm (all lanes)
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm		Swim Lessons - AquaBabies 5:00-5:30pm (Lap Swim Available)					
5:30pm							
6:00pm	Pool Closed	Swim Lessons/Lap Swim 5:30-7:15pm (Lap Swim only)		Swim Lessons/Lap Swim 5:30-7:15pm (Lap Swim only)			
6:30pm							
7:00pm		Lap Swim/Open Swim 7:15-8:30pm (all lanes)	Water Fitness/Lap Swim 7:00-8:30pm	Lap Swim/Open Swim 7:15-8:30pm (all lanes)	Water Fitness/Lap Swim 7:00-8:30pm		
7:30pm							
8:00pm			Lap Swim/Open Swim @ 8-8:30p		Lap Swim/Open Swim @ 8-8:30p		
8:30pm							

*Lane availability changes depending on user load and program/activities (ie. private swim lessons, facility rentals, etc.)

*Lap Swim is open in limited lane space during aquatic programs

*Open Swim is limited or unavailable during specified program times