



Lakota Family YMCA

Indoor - Program Schedule & Bubble Hours

November - February

Updated 11/13/2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
Indoor Pool	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm							
Bubble	12pm-5:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	12pm - 6:30pm							
6:00am	Pool Closed	No Programs 6:00-11:30am	No Programs 6:00-10:30am	No Programs 6:00-11:30am	No Programs 6:00-10:30am	No Programs 6:00-11:30am	Pool Closed							
6:30am							No Programs 7:30-9:00am							
7:00am														
7:30am														
8:00am														
8:30am														
9:00am								H2O Deep 8:30-9:30am	H2O Deep 8:30-9:30am	H2O Deep 8:30-9:30am	Swim Lessons 9:00am-12:30pm			
9:30am								No Programs 9:30-11:30am	Crayon Club Lessons 10:30-11:30am (Lanes 1-2)	No Programs 9:30-11:30am		Crayon Club Lessons 10:30-11:30am (Lanes 1-2)		
10:00am								No Programs 12:30-5:30pm	Silver Splash 11:30am-12:30pm (Lanes 1-5)	Rocking the Waves 11:30am-12:30pm (Lanes 1-5)		Silver Splash 11:30am-12:30pm (Lanes 1-5)	Rocking the Waves 11:30am-12:30pm (Lanes 1-5)	Silver Splash 11:30am-12:30pm (Lanes 1-5)
10:30am									No Programs 12:30-6:30pm					
10:30am														
11:00am														
11:30am														
12:00pm														
12:30pm														
1:00pm	Lakota E/W Swim Team Practice 3:30-5:30pm	Lakota E/W Swim Team Practice 3:30-5:30pm	Lakota E/W Swim Team Practice 3:30-5:30pm	Lakota E/W Swim Team Practice 3:30-5:30pm	Lakota E/W Swim Team Practice 3:30-5:30pm	Lakota E/W Swim Team Practice 3:30-5:30pm								
1:30pm							*Lap Swimming is available in the Bubble Pool between 4:00-5:30pm*							
2:00pm							Pool Closed	Swim Lessons 5:30-7:15pm (Lanes 1-4)	No Programs 5:30-7:00pm	Swim Lessons 5:30-7:15pm (Lanes 1-4)	No Programs 5:30-7:00pm	No Programs 5:30-8:30pm		
2:30pm								No Programs 7:15-8:30pm	Water Fitness 7:00-8:00pm	No Programs 7:15-8:30pm	Water Fitness 7:00-8:00pm	Pool Closed		
3:00pm								No Programs @ 8-8:30p						
3:30pm														
4:00pm														
4:30pm														
5:00pm														
5:30pm														
6:00pm	Pool Closed	Swim Lessons 5:30-7:15pm (Lanes 1-4)	No Programs 5:30-7:00pm	Swim Lessons 5:30-7:15pm (Lanes 1-4)	No Programs 5:30-7:00pm	No Programs 5:30-8:30pm								
6:30pm		No Programs 7:15-8:30pm	Water Fitness 7:00-8:00pm	No Programs 7:15-8:30pm	Water Fitness 7:00-8:00pm	Pool Closed								
7:00pm		No Programs @ 8-8:30p												
7:30pm														
8:00pm														
8:30pm														

*Schedule is subject to change

*Lane availability changes depending on user load and program activities (ie. private swim lessons, swim tests, facility rentals, etc.)

*Lap and open swim are available during time-blocks indicating there are 'No Programs' taking place in the pool

*Indoor Pool will be CLOSED for home swim meets from 3:30pm - 7:00pm on the following Tuesdays: 12/17/2024, 1/7/2025, 1/21/2025



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Indoor - Lap Swim Schedule & Bubble Hours

November - February

Updated 11/13/2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Indoor Pool	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm	
Bubble	12pm-5:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	4pm - 8:30pm	12pm - 6:30pm	
6:00am	Pool Closed	Lap/Open Swim All Lanes Available 6:00-8:30am	Lap/Open Swim All Lanes Available 6:00-8:30am	Lap/Open Swim All Lanes Available 6:00-8:30am	Lap/Open Swim All Lanes Available 6:00-10:30am	Lap/Open Swim All Lanes Available 6:00-11:30am	Pool Closed	
6:30am								
7:00am								
7:30am								
8:00am								
8:30am		Lap Swim Only/3 Lanes Available 8:30-9:30am	Lap Swim Only/3 Lanes Available 8:30-9:30am	Lap Swim Only/3 Lanes Available 8:30-9:30am				
9:00am		Lap/Open Swim All Lanes Available 9:30-11:30am	Lap/Open Swim-All Lanes Available 9:30-10:30a	Lap/Open Swim All Lanes Available 9:30-11:30am	Lap/Open Swim-All Lanes Available 9:30-10:30a	Lap Swim Only/4 Lanes Available 10:30-11:30am		Lap Swim Only 1-2 Lanes Available 9:00am-12:30pm
9:30am								
10:00am			Lap Swim Only/4 Lanes Available 10:30-11:30am		Lap Swim Only/4 Lanes Available 10:30-11:30am			
10:30am								
11:00am								
11:30am								
12:00pm	Lap/Open Swim All Lanes Available 12:00-5:30pm	Lap Swim Only 1 Lane Available 11:30am-12:30pm	Lap Swim Only 1 Lane Available 11:30am-12:30pm	Lap Swim Only 1 Lane Available 11:30am-12:30pm	Lap Swim Only 1 Lane Available 11:30am-12:30pm	Lap Swim Only 1 Lane Available 11:30am-12:30pm	Lap/Open Swim All Lanes Available 12:30-6:30pm	
12:30pm								
1:00pm								
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm								
4:30pm								
5:00pm								
5:30pm		Lakota E/W Swim Team Practice 3:30-5:30pm <small>*1 Lane Available @ 3:30-4p 4p - 5:30p Lap Swim available in the Bubble</small>	Lakota E/W Swim Team Practice 3:30-5:30pm <small>*1 Lane Available @ 3:30-4p 4p - 5:30p Lap Swim available in the Bubble</small>	Lakota E/W Swim Team Practice 3:30-5:30pm <small>*1 Lane Available @ 3:30-4p 4p - 5:30p Lap Swim available in the Bubble</small>	Lakota E/W Swim Team Practice 3:30-5:30pm <small>*1 Lane Available @ 3:30-4p 4p - 5:30p Lap Swim available in the Bubble</small>	Lakota E/W Swim Team Practice 3:30-5:30pm <small>*1 Lane Available @ 3:30-4p 4p - 5:30p Lap Swim available in the Bubble</small>		
6:00pm	Pool Closed	Lap Swim Only 1-2 Lanes Available 5:30-7:15pm	Lap/Open Swim All Lanes Available 5:30-7:00p	Lap Swim Only 1-2 Lanes Available 5:30-7:15pm	Lap/Open Swim All Lanes Available 5:30-7:00p	Lap/Open Swim All Lanes Available 5:30-8:30pm		
6:30pm			Lap Swim Only/3-4 Lanes Available 7:00-8:30pm	Lap/Open Swim	Lap Swim Only/3-4 Lanes Available 7:00-8:30pm			
7:00pm								
7:30pm								
8:00pm								
8:30pm			All Lanes Available - 8p-8:30p	All Lanes Available - 8p-8:30p	All Lanes Available - 8p-8:30p		All Lanes Available - 8p-8:30p	Pool Closed

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