

**Lakota Family YMCA
Indoor Pool – Program Schedule
Spring Season**

SCHEDULE IS SUBJECT TO CHANGE

Updated 3.18.2026

Hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
Indoor	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm					
Bubble												
6:00am	Pool Closed						Pool Closed					
6:30am												
7:00am								Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim
7:30am								6:00-8:30am	6:00-8:30am	6:00-8:30am	6:00-10:30am	6:00-11:30am
8:00am								(all lanes)	(all lanes)	(all lanes)	(all lanes)	(all lanes)
8:30am												
9:00am								H2O Deep/Lap Swim	H2O Deep/Lap Swim	H2O Deep/Lap Swim		
9:30am								8:30-9:30am	8:30-9:30am	8:30-9:30am		
10:00am								Lap Swim/Open Swim	Crayon Club Lessons/Lap Swim	Lap Swim/Open Swim	Crayon Club Lessons/Lap Swim	
10:30am								9:30-11:30am	10:15-11:30am	9:30-11:30am	10:15-11:15am	
11:00am								(all lanes)	(4 lanes open for Lap Swim)	(all lanes)	(4 lanes open for Lap Swim)	
11:30am	Silver Splash	Rocking the Waves	Silver Splash	Rocking the Waves	Silver Splash							
12:00pm	11:30am-12:30pm	11:30am-12:30pm	11:30am-12:30pm	11:30am-12:30pm	11:30am-12:30pm							
12:30pm	(1-2 lanes open for Lap swim)											
1:00pm	Pool Closed						Pool Closed					
1:30pm												
2:00pm								Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim
2:30pm								12:00-5:30pm	12:30-5:30pm	12:30-7:00pm	12:30-5:30pm	12:30-7:00pm
3:00pm								(all lanes)	(all lanes)	(all lanes)	(all lanes)	(all lanes)
3:30pm												
4:00pm												
4:30pm												
5:00pm												
5:30pm												
6:00pm								Swim Lessons/Lap Swim	Swim Lessons/Lap Swim	Swim Lessons/Lap Swim	Swim Lessons/Lap Swim	
6:30pm	5:30-7:15pm	5:30-7:15pm	5:30-7:15pm	6:00-7:15pm								
7:00pm	(Lap Swim only)	(Lap Swim only)	(Lap Swim only)	(Lap Swim only)								
7:30pm	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim	Pool Closed							
8:00pm	7:15-8:30pm	7:15-8:30pm	7:15-8:30pm	7:15-8:30pm								
8:30pm	(all lanes)	(all lanes)	(all lanes)	(all lanes)								

***Spring Swim Lessons: Monday – Thursday PM + Saturday AM, April 6, 2026 – May 9, 2026**

***Lane availability changes depending on user load and program/activities (ie. private swim lessons, facility rentals, etc.)**

***Lap Swim is open in limited lane space during aquatic programs**

***Open Swim is limited or unavailable during specified program times**