

Lakota Family YMCA
Indoor Pool - Program Schedule
Winter Season (Nov-Feb)

SCHEDULE IS SUBJECT TO CHANGE

Hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Indoor	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm
Bubble	12pm-5:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	4pm-8:30pm	12pm-6:30pm
6:00am	Pool Closed	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-10:30am (all lanes)	Lap Swim/Open Swim 6:00-11:30am (all lanes)	Pool Closed
6:30am							Lap Swim/Open Swim 7:30-8:15am (all lanes)
7:00am							
7:30am							Swim Lessons/Lap Swim 8:15am-12:30pm Lane availability varies
8:00am		H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am	Swim Lessons/Lap Swim 10:15-11:15am (2x lanes reserved for swim lessons)		
8:30am						Lap Swim/Open Swim 9:30-11:30am (all lanes)	
9:00am		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	H2O Splash 11:30am-12:30pm (lane availability limited)			
9:30am					Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	
10:00am		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	H2O Splash 11:30am-12:30pm (lane availability limited)			
10:30am					Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	
11:00am		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	H2O Splash 11:30am-12:30pm (lane availability limited)			
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12:00pm		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Swim Lessons/Lap Swim 10:15-11:30am (2x lanes reserved for swim lessons)	H2O Splash 11:30am-12:30pm (lane availability limited)			
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*Lane availability changes depending on user load and program/activities (ie. private swim lessons, facility rentals, etc.)

*Lap Swim is open in limited lane space during aquatic programs

*Open Swim is limited or unavailable during specified program times

*YMCA Swim Lessons Schedule (Fall 2 - 2025) - 11/3/25 - 12/20/25

*Lakota East/West High School Swim Team Practice Schedule - Monday-Friday @ 3:30-5:30pm (10/24/25 - 02/01/2026)

**1x lap lane is available for YMCA members/patrons at the Indoor Pool between 3:30-4:00pm; lap swimmers must then go to the Bubble Pool for lap lanes between 4:00-5:30pm