

Lakota Family YMCA
Indoor Pool - Program Schedule
 Pre-Summer (May)

SCHEDULE IS SUBJECT TO CHANGE

Hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Indoor	12pm-5:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	7:30am-6:30pm		
6:00am	Pool Closed	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-8:30am (all lanes)	Lap Swim/Open Swim 6:00-10:30am (all lanes)	Lap Swim/Open Swim 6:00-11:30am (all lanes)	Pool Closed		
6:30am									
7:00am									
7:30am		H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am	H2O Deep/Lap Swim 8:30-9:30am	Lap Swim/Open Swim 7:30am-6:30pm (all lanes)				
8:00am									
8:30am		Lap Swim/Open Swim 9:30-11:30am (all lanes)	Lap Swim/Open Swim 9:30-11:30am (all lanes)	Lap Swim/Open Swim 9:30-11:30am (all lanes)	Rocking the Waves 11:30am-12:30pm (1-2 lanes open for Lap swim)	Silver Splash 11:30am-12:30pm (1-2 lanes open for Lap swim)			
9:00am									
9:30am		Lap Swim/Open Swim 12:00-5:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)		Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 7:30am-6:30pm (all lanes)
10:00am									
10:30am									
11:00am									
11:30am									
12:00pm									
12:30pm									
1:00pm									
1:30pm									
2:00pm									
2:30pm	Pool Closed	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Lap Swim/Open Swim 12:30-8:30pm (all lanes)	Pool Closed		
3:00pm									
3:30pm									
4:00pm									
4:30pm									
5:00pm									
5:30pm									
6:00pm									
6:30pm									
7:00pm									
7:30pm									
8:00pm									
8:30pm									

***SUBJECT TO CHANGE - this schedule is generic and DOES NOT reflect facility rentals, private swim lesson schedules, or childcare functions**

***Lane availability changes depending on user load and program/activities (ie. private swim lessons, facility rentals, swim team, etc.)**

***Long-Course Swim Team may move into the Indoor Pool in the event of inclement weather between 4:00-8:30pm, Monday-Friday**